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The Psychology of Food and Eating

I. Introduction

Everybody needs food to survive and it is an intricate part of every person's life. It is because of this basic connection between food, life, and survival that I have developed an interest in the relationships people have with food. This research paper gives me an opportunity to research some of the questions which I have in respect to these relationships, especially the question of how cultural, social, and emotional influences affect eating behavior. I also plan to major in nutritional sciences and focusing on this subject will help me understand more of this field.

Food is one of our basic needs and greatly influences our behavior. It is also a source of pleasure (and may be a source of pain). It is as basic as the air we breathe and the water we drink. We can't survive long without food, which is something early man knew quite early. Prior to the beginning of civilization, hunters and gatherers were forced to follow their food sources or herds of animals over great distances for their survival. Providing for their families' basic food needs was a difficult all consuming endeavor for early men and women. Finding food was the driving force in their lives. Their desperate search of food was eased when our ancestors began to domesticate crops. The hunters didn't need to hunt as often and they began to build towns and cities since they didn't have to migrate with herds of animals. Soon man domesticated animals which were used in their daily food supply. Farms sprung up and provided security for the food supply. Fewer people were needed to harvest from the land. The less stressful search of food

allowed more people in society to pursue different directions in their lives. As a result, our society advanced and specialized; food could be supplied without people hunting and gathering the food themselves, so time could be spent on personal and cultural growth.

This change in the structure of acquiring food had a great impact on human society and behavior. We should not underestimate how our cultural identity is formed by the choices we make in food preferences and the eating habits we adopted. In every culture food is an integral part of its identity. We can't fully understand other cultures until we understand their food choices and eating patterns. Our cultural background is inherited from our parents and we pass it down to our offspring. The influence of food also impacts our status within the culture, which can be reflected in eating habits that range from overindulgence to deprivation. Moreover, these status considerations often lead to emotional relationships with food, such as when we eat not because we are hungry, but because we are lonely, depressed or seeking comfort in food. Since food is such an interwoven part of our daily lives we cannot escape the complex relationship of food with our culture, status, or emotions – and how we react and behave in relationship to food.

II. Food & Cultural Identity

The psychological impact of our culture on our eating habits and food preferences is unique and pervasive. Our culture invites us to celebrate birthdays, weddings, funerals, and many other memorably events with food. We expect the presence of food in life's celebrations. In most cultures, when friends gather socially, they eat together but they eat more food in a social setting than they would normally, explains Paul Rozin in "Socio-cultural Influences on Human Food Selection" (233). When we find our perfect partner and what do we do? We celebrate our love with food. We want to close a business deal, or climb the corporate ladder. We take our client or boss to dinner, and even if we have nothing in common with him we use food as the common interest as a conversation starter. At any football or baseball game, most people have a ritual of

how, when, and what they eat. Culturally, food brings people closer together and this cultural trait is a behavior pervasive in human societies.

But culture does not always promote the best behaviors in relationship to food. Cultural behavior is shaped in great part by the media which the culture uses to communicate within itself, which also plays a major role in the development of the relationship of food in a society – especially at the point when culture is most influential, i. e. at early age. This was noted by A. W. Logue who writes that media advertising has a great impact on people put especially children. She wrote that studies reveal how most advertisements related to diet foods that were shown to children could have a serious health impact on those children (99). Such commercials impact a child's perception of the health value of food and also their perception of a healthy body image. In any popular magazine or newspaper there are numerous adds on weight loss programs guaranteeing the reader that they will be thin in no time. Western culture is obsessed on being skinny. Unrealistic advertisements of the “perfect” body can get anybody depressed and feeling “too fat”, especially young influential teenagers. Rachel Abramowitz, in her article “The Skinny on Hollywood” in the *Los Angeles Times*, criticizes “Hollywood” for having extremely underweight actresses in movies and sitcoms. She writes that many of these super skinny actresses admit that they struggle with eating disorders (E.1). In other societies around the world being well nourished is a sign of affluence, fertility, or womanhood, according to Debra Waterhouse (42). Our society has enormous influences on “our desirable body image” and this causes pressure for behavioral reactions in women to control their caloric intake (Rozin 233).

No matter in which culture women live, their daughters emulate their mothers' eating patterns. In her book, *Like Mother Like Daughter*, Debra Waterhouse emphasizes the fact that it is very important for a woman to set a good example in her food choices and eating behaviors for her children since they will copy her action, for good or bad. She further explains that the

importance of a mother being a good role model is especially important for girls, as they not only pick up their mother's relationship with food, but also their mother's relationship with her (the mother's) body (32). Waterhouse acknowledges that every parent wants their child to be an accepted member of society, but she admits it is hard for mothers not to fall into the trap of the unrealistic expectations of our culture. That is why the author explains it is important that we pay attention to our daughters' "food need" and provide them with adequate nourishment when they are hungry, which "would be preventing weight gain" in our daughters (38).

Waterhouse writes that we live in a very food oriented culture which thrives on "dieting" and most mothers think twice before giving their child food - although there are still some mothers who "overfeed" their children (41). After reading the author's story about the reason why her own mother overfed her, I realized my husband (who suffers from being overweight) had a similar background. His weight problem most likely has to do with his grandmother who faced a food shortage when she had to take care of her children during World War II and had to provide for her family where food was scarce. Before the war she was a farmer whose idea of body image was already more husky than thin. A thin person couldn't withstand hard farm work. As he was growing up, my husband's grandmother found great joy in cooking daily for her grandchildren, including a daily ration of fries or any other food they enjoyed. The grandmother found great pride in seeing her grandson being "strong", which was culturally a great sign of prosperity and health to her. This personal example supports Waterhouse's belief that our legacy with food is strongly depending on our heritage and on cultural pressures (41).

III. Food and Status

Another important aspect related to food is how it relates to a person's social status within a culture. The wealth status of people seems to have a distinct behavioral effect on food choices. It is no secret that wealthy can afford a wide variety of food and food as a social status indicator.

Caviar, champagne, lobster, and kobe beef are all foods of the rich and famous. “Let them eat cake!” is a food expression of the aristocracy that signified the extent of ignorance (or knowledge) the rich had about social conditions in previous centuries. Beans, rice, ground beef, and grits are foods that conjure up a lesser status and evoke other emotions related to a lower echelon of society. Most of us are somewhere in between, but our psychological reaction to such foods still relates to the social status they imply.

Eating behavior can be directly related to social status. A survey conducted by David Crawford indicated that teenage children of low income families depended on themselves to find food causing them to develop eating habits that consisted of foods high in fats and low in fruits and vegetables. They spent less time eating together, which provided less of a support system for them. Crawford came to the conclusion that their food preferences and eating patterns, which they developed as adolescents, were likely to continued into adulthood which would cause them medical problems in the future since children and adolescents, who are malnourished, tend to have severe medical and psychological problems (59.2). These problems were passed to further generations as reported by Reicks, Randal and Haynes in their findings in a survey “Factors Affecting Consumption of Fruits and Vegetables by Low Income Families.” The survey found that male roll models had great influences on the children’s food choices and eating behaviors. They also stated that some adult in the family needed to take the roll of “nurturer” (94.n11). However, it is not always true that a lower status makes for worsened food choices. Christine Gorman explains in her article “Rich Man’s Diet” that poor African Americans’ food choices in high fiber foods were better for them then the choices of more prosperous Americans (148).

Wealth brings on its own special set of behavioral issues relating to food. Rich people tend not to appreciate the value of food except to often use it to display their wealth. Jenny Bioche, writing in the *Los Angeles Times* laments the practices of our prosperous society. Citing Orange

County (which is relatively rich and affluent), Bioche states Orange County residents “are particularly accountable for wasting food . . . [They] are not an agricultural community so [they] don’t appreciate the sweat and effort required to harvest just a couple of bags of tangerines.” She makes the blatant observation that the rich of the county display a behavior with their food that in effect belittles the farm class and makes a direct status statement (B17.8.). She might as well have said that Orange Countians have a “let them eat cake” attitude, but those type of emotions caused a lot of trouble before.

IV. Food & Emotions

Our relationship with food starts on a very basic level, relative to our instinctive, or genetic, likes and dislikes. In the book *The Psychology of Eating and Drinking* the author A. W. Logue asks the question if “food preferences are genetic or learned?” The author came to the conclusion that genetics has an important roll in the dislike of bitter tastes, since this meant an increase in survival rates because most poisonous plants are bitter. But we soon start an “emotional” attachment to sweetened drinks and food, spurred on by our genetic disposition (Logue also explains that “health problems” arise if we follow our emotional desire for those sweet treats (64)). Emotional attachment to salty comfort foods also has a genetic basis in physical development since we need salt for proper development as children (71).

But once we experience food on a basic and genetic level, Birch and Fisher believe that our relationship with food becomes a collection of learned behaviors. We learn early on in childhood that eating can make us feel good or bad. We also learn how to emotionally link events and things to food (113). Food soon not only fulfills basic needs but we also find food a source of enjoyment, which is a learned behavior according to Heterington and Rolls (267). The author Paul Rozin explains that we learn many of our behaviors through classic “conditioning” or a more specific term called “evaluative conditioning”. This means learning through association.

Food is associated with either good or bad emotions (254). With this conditioning emotions can now easily be associated with food, i. e. when I eat cake, I feel loved because my mother made cake and she loved me.

Food can also relate to emotions which are negative. My father always had an expression which was “what the farmer doesn’t know he doesn’t eat.” He wouldn’t eat anything he couldn’t recognize and was very reluctant in trying new foods, often causing him stress in social situations. In the book *Psychology of Eating and Drinking* the psychology term “neophobia – the fear of new things” is identified for this condition. This emotional aversion can be to all new foods in general or to a particular food after vomited which occurs after eating that food (101). A study was conducted to determine how to overcome this phobia in children. New types of food would be repeatedly presented to them with the result that the children would start liking the foods they ate the most (83). The author explained that the emotional condition is not without its merits since the dislike or fear of trying new food (or food that has made you sick before) can be a protection against eating unhealthy or poisonous food (86).

Emotions relative to food can not only be psychological, but can also trigger actual physiological reactions. In *Why We Eat What Eat*, Ramsey, et al, explain that the pancreas will produce insulin in anticipation of the first bite of cake to regulate the blood sugar level. The authors, explain that this is an “example of the role of learning in ingestive behavior” (17). In chapter five of the book, the authors Birch and Fisher go on to explain that infants and young children are extremely well adapted to regulate their “food intake”. They listen to their bodies signals and only eat when their hungry and only so much until their satisfied. They did additional studies on preschool children try to see if children would eat even if they are not hungry. They found that this will happen when children always eat in a certain room, and every time children were placed in the same room with plenty of food, that they would eat even if they were not

hungry. Birch and Fisher said this explained that after years of learning and experiences many adults dismiss the signals their body sends them to stop eating (134).

Our emotional relationship with food becomes even more complex when combined with stronger “need” emotions such as love and happiness. Geneen Roth explains in her book *When Food is Love* that we learned that “food was our love, eating was our way of being loved. Food was available when our parents weren’t. ... Food didn’t hit us. ... Food tasted good. ... Food became the closest thing we knew of love” (18). There are many ways we try to confuse food with our needs and feelings. At a Weight Watchers meeting I discussed the issue with attendees and talked to some of the members who were willing to tell me about their eating problems. One person told me that her mother left her when she was young and she never could find the unconditional love she was looking for - so she turned to food at a young age. Food was her comfort and companion. A person shared with me that his wife left him and he is lonely, so he ate, but he now realized it and he needs to lose the weight to live life again. Some people told me whenever they get nervous and anxious, food will calm them. A few women said they eat when they are depressed, especially sweets make them feel better. These stories are similar to the stories Geneen Roth wrote about in her book *When Food is Love*.

Our emotions are also driven by the many food advertisements on TV, which are a constant reminder of food. Research detailed in “Vision and Eating Behavior on Obese Subjects” by Barkeling, et al., showed that “vision plays an important part on how much we eat.” In this study scientists tried to figure out if blindfolding a person would have an effect on their “eating behavior.” They did two tests, one “without being blindfolded and one with being blindfolded” when their subjects were eating. The result was that overweight people ate “24% less food” blindfolded, and also ate at a slower rate. However normal weight subjects ate the same amount and the same rate. It seemed that “seeing food increased the appetite” and being blindfolded

stopped the distraction of seeing the food, and the body can listen to the signal it sends to stop eating. This result correlated to something one of the Weight Watchers members had told me. One women told me she just loves food and she can't waist anything, so she needs to eat everything she sees on her plate. I wonder how much she would eat if she couldn't see what's on her plate?

V. The Survey

I conducted a survey to determine first hand whether people had emotional and behavioral ties to food and what affect those ties might have on their eating habits. I designed a survey form that asked for people to disclose whether they had a negative or positive emotional response to certain foods, whether they perceived the food to be healthy or unhealthy, and how often they perceived that they ate the food (see Tab 4, "Food Application Analysis Survey"). To get a more in-depth understanding of the first responses I also asked them to give a "first word" response that described the physical characteristics of the food, the human emotion they related to the food, and which holiday or event they related to the food (since emotions are often related to celebrations, holidays, or other life events). I gave the survey to college students in my psychology, English and chemistry classes. I also gave my survey to a Weight Watchers meeting. All together I collected 100 surveys (see Tab 4 for survey recap and Tab 5 for actual surveys) and found that on the average (a) 49 had strong or somewhat positive emotions towards food, (b) 29 had neutral emotional ties with food, and (c) 22 had strong or somewhat negative emotion towards food (See Tab 4 for survey tally spreadsheet).

In order to determine trends in these groups I then charted these groups in relationship to their perceptions regarding the healthiness of the food and their consumption. I assigned a two letter "trend" code based upon whether the group trended to believe the particular food is "healthy" or "unhealthy" and "often" ate it or "rarely" ate it, and included an indicator if they

had a “neutral” trend in either category (i. e. “H” = healthy, “U” = unhealthy, “O” = often ate it, “R” = rarely ate it, “N” = neutral). For example, a code of “HR” would mean they considered the food healthy but rarely ate it, or a code of “UN” would mean that they considered it unhealthy but ate it moderately (i. e. neither rarely or often). (see Tab 4 for result charts). I also created a matrix chart showing the interrelationship between health perception and consumption for each group (see Tab 4 for result matrices).

I analyzed the results of the charts, including value averages for each group, and scored a matrix. The charts basically showed that people with a positive emotional response to their food feel that their food is generally healthy and they eat it more often, and they may even eat it when they consider it unhealthy. People with a neutral emotional response showed some tendency to eat food they considered healthy but strongly responded negatively to food that they considered unhealthy. People with a negative emotional response simply did not want to eat the food, whether they considered it healthy or not. Based on these results, it appears that there is an emotional response caused by food, particularly when the response is a negative one.

In respect to the word responses on the survey, I sorted the categories alphabetically and then tallied each word (or group of similar words) for each food. I then totaled the number of times each word was used for each category to determine the frequency that people related food to a particular characteristic, emotion, or event. The top 40 responses for each category seemed to be the most relevant (since the frequency of occurrence seemed to drop significantly after that), so I included the top 40 on my charts (See Appendix “A” Word Charts). this provided some insight into thoughts, cultural influences, and emotional experiences relating to the foods.

In respect to the “physical characteristics”, it is interesting that a single color (green) was the most used to describe food, and that no other colors were widely used. It is also interesting that the top words that were used tended to be positive emotional words, such as “juicy”, “hot”,

“soft”, “good”, “warm”, and “fluffy”. There are very few negative words used with much frequency. In respect to “emotional” words, “happy/happiness” are the words most used by far, being followed by “love”. In respect to “holidays or events” the most cited event is “birthday”, and most responses tended to show events related to positive activities. The next most frequent word was “sick/sickness/illness” which seems to have a negative connotation, until you review how it is related to a food – which happens to be “chicken soup” – and it could then be interpreted to be a positive association with nurturing, caring, and motherhood. All in all, the words in each category that were associated with food and appeared in significant frequency tended to be emotionally positive and supportive that food is significantly tied to psychological and emotional factors.

VI. Conclusion

This research showed me the complexity of the psychology of food. It showed to a great extent that food is not only a basic need but also a source of extended emotions. Sometimes eating and joy (or other emotions) are hard to separate from each other (Heterington 267). Our eating behaviors are an interwoven part of our genetics and environment. By doing this research I realized that I barely scratched the surface of the subject. There are even more factors involved than could be addressed. My research however made me aware that it is necessary to look at the whole person when it comes to food choices and eating behavior. I will be more open in the future not to come to a quick conclusion about weight issues or other food behavioral problems. I know now treating a person with an eating disorder is not fixed by putting him or her on a diet and restricting or increasing calorie intake. This is would be just treating the symptoms but ignoring the origin of the disease. Behavior related to food is an extremely complex subject.

Annotated Bibliography

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Hollywood is still putting pressure on their actresses to be super thin even though many of these super skinny actresses admit that they struggle with eating disorders

Barkeling et al "Vision and Eating Behavior on Obese Subjects." *The North American Association for the Study of Obesity*. Boston. 2003. 9 Nov. 2007.

<http://www.obesityresearch.org>

Blindfolded obese people eat less and slower when they were blindfolded when they ate, however blind folded normal size people eat the same amount and the same rate than when not blindfolded .

Birch, Leann. L. and Jennifer A. Fisher. "The Role of Experience in the Development of Children's Eating Behavior." *Why We Eat What We Eat*. Ed. Elizabeth Capaldi. American Psychological Association: Washington. 1996. pg. 113. 133. 134.

We learn early on in childhood that eating can make us feel good or bad. We also learn how emotions can linked events and things to food.

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Brioche makes the blatant observation that the rich of county display a behavior with their food that in effect belittles the farm class and makes a direct status statement.

Crawford, David. "Socioeconomic position, adolescent nutrition and health--evidence from the 1995 National Nutrition Survey. (Leading Articles). " *Nutrition & Dietetics: The Journal of*

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ocuments&type=retrieve&tabID=T002&prodId=ITOF&docId=A89430548&source=gale&sr
cprod=ITOF&userGroupName=moor85003&version=1.0>.

In a survey David Crawford found that teenage children of low income families were depending on themselves to find food, this causes them to develop eating habits that consisted of foods high in fats and low in fruits and vegetables. Crawford came to the conclusion that the food preferences they made and eating patterns they developed at this time of adolescents were likely continued into adulthood.

Gorman, Christine. "Rich man's diet: too much fat; not enough peas, grains and beans.

Time 148.n13 (Sept 16, 1996): 73(1). *General OneFile*. Gale. Moorpark College Library. 10 Nov. 2007. <<http://find.galegroup.com/ips/start.do?prodId=IPS>>.

Poor African Americans' food choices in high fiber foods were better for them than the choices of more prosperous Americans.

Heterington, Marion. M. and Rolls, Barbara. "Sensory-Specific Satiety," *Why We Eat What We Eat*. Ed. Elizabeth Capaldi. American Psychological Association: Washington. 1996. pg. 267

Sometimes eating and joy (or other emotions) are hard to separate from each other

Logue, A. W. *The Psychology of Eating and Drinking*. W. H. Freeman and Company: New York. 1986. pg. 64.71. 83. 86. 99. 101.

This book explains many things about the psychology on eating. I was mainly interested in the chapters of "Genetic and Environmental Determinations of Food Preferences."

Genetics has an important roll in the dislike of bitter tastes, since this meant an increase in survival because most poisonous plants are bitter, but also the environment had a big roll in

food preferences.

Ramsey, Douglas. S, et al. "Ingestive Homeostasis." *Why We Eat What We Eat*. Ed. Elizabeth Capaldi. American Psychological Association: Washington. 1996. pg. 17.

This chapter explains how the body has learned to maintain constant internal balance.

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Some of the social and psychological finding of the survey were that a male roll models had great influences on the children's food choices and eating behaviors. They also stated that some adult in the family needed to take the roll of "nurturer".

Roth, Geneen. *When Food is Love*. Penguin Group: New York. 1991. Pg. 18.

The author writes about finding to fulfill the need for love and companionship with food, because food will not disappoint.

Rozin, Paul. "Socio-cultural Influences on Human Food Selection." *Why We Eat What We Eat*. Ed. Elizabeth Capaldi. American Psychological Association: Washington. 1996. pg. 233. pg. 254.

This books describe the physiology of eating through the different stages of human eating development. The book gives details on how we learn our eating behaviors and explains the socio-cultural influences on our food preferences.

Waterhouse, Debra. *Like Mother Like Daughter*. Hyperion: New York. 1997. pg. 32.38. 41- 42.

Mothers need to be good roll models for their daughters, as they not only pick up their mother's relationship with food, but also their mother's relationship with her (the mother's) body.

Food Application Analysis Survey 12B22109

	Mark an "X" along the scale for each question.												Write down the <i>first word</i> that comes to your mind for the columns below				
	What is your <i>emotional response</i> to this food?						What is your opinion about the <i>health value</i> of this food?				How often do you eat this food?						
	Strong Negative Emotion			Strong Positive Emotion			Very Unhealthy		Very Healthy		Eat Rarely		Eat Often		What one word would you use to describe the <i>physical characteristics</i> of this food?	What <i>human emotion</i> do you most associate with this food?	Which one <i>holiday or event</i> do you most associate with this food?
Milk Chocolate Candy																	
Cake																	
Watermelon																	
Celery																	
Chicken Soup																	
Broccoli																	
Hot Dog																	
Pizza																	

Mark an "X" along the scale for each question.												Write down the first word that comes to your mind for the columns below								
			What is your emotional response to this food?				What is your opinion about the health value of this food?				How often do you eat this food?									
			Strong Negative Emotion		Strong Positive Emotion		Very Unhealthy		Very Healthy		Eat Rarely		Eat Often		What one word would you use to describe the physical characteristics of this food?		What human emotion do you most associate with this food?		Which one holiday or event do you most associate with this food?	
CC	2	1				X		X					X			DELICIOUS	LOVE	VALENTINES		
CC	7	1				X			X				X			BEAUTIFUL	LOVE	VALENTINES		
CC	8	1				X		X					X			SMOOTH	HAPPY	VALENTINES		
CC	9	1				X		X					X			CREAMY	PMS	HALLOWEEN		
CC	11	1				X	X						X			SWEET	STRESSED	UPSET		
CC	12	1				X		X					X			CREAMY	LOVE	VALENTINES		
CC	14	1				X		X				X				SMOOTH	LOVE	VALENTINES		
WW	20	1				X	X					X				YUMMY	FEEL GOOD	CHRISTMAS		
WW	23	1				X								X		BEAUTIFUL	PURE BLISS	CHRISTMAS		
WW	24	1				X	X						X			BEAUTIFUL	JOY	VALENTINES		
WW	27	1				X			X				X			YUMMY	LOVE	HALLOWEEN		
WW	29	1				X	X					X					LOVING	BIRTHDAY		
WW	32	1				X		X						X		SWEET	RELAXATION	EASTER		
WW	33	1				X		X					X			CRUNCHY	HAPPY	CHRISTMAS		
WW	35	1				X			X				X			FEELS GOOD	HAPPY	EASTER		
WW	36	1				X			X		X					SMOOTH	COMFORT	VALENTINES		
WW	38	1				X			X					X		SWEET	FULFILLMENT	EASTER		
WW	46	1				X		X				X				CREAMY	HAPPY	CHRISTMAS		
WW	48	1				X			X			X				RICH	HAPPINESS	VALENTINES		
WW	50	1				X	X							X		COMFORT	STRESS	NONE		
WW	52	1				X		X					X			YUMMY	HAPPY	VALENTINES		
WW	54	1				X			X					X		CREAMY	LOVE	HALLOWEEN		
WW	55	1				X				X			X			DELICIOUS		ALL YEAR		
EN	59	1				X		X						X		LARD	LOVE	HALLOWEEN		
EN	63	1				X			X			X				BAR	LOVE	CHRISTMAS		
EN	65	1				X	X				X					BROWN	SATISFY / CHEERS UP	MONTHLY CYCLE / FORGETS		
EN	69	1				X			X					X		BROWN	HAPPY	HALLOWEEN		
EN	70	1				X	X						X			RICH	HAPPINESS	VALENTINES		
EN	72	1				X	X				X					SMOOTH	HAPPINESS	CHRISTMAS		
EN	73	1				X			X					X		SEMI-SOLID	PLEASURE	WHITE DAY		
EN	74	1				X			X						X	RECTANGULAR	HAPPY	EASTER		
PS	76	1				X		X			X					SUGAR	HAPPY	CHRISTMAS		
PS	78	1				X		X						X		AMAZING	HAPPINESS	CHRISTMAS		
PS	79	1				X		X				X				AMAZING	HAPPY	CHRISTMAS		
PS	82	1				X			X			X			BETTER IF YOU LET IT MELT IN MO		MENSTRUAL PERIOD / PMS	VALENTINES		
PS	87	1				X	X					X				GOOEY	PMS	CHRISTMAS		
PS	93	1				X		X						X		BROWN	HAPPY	HALLOWEEN		
PS	94	1				X		X						X		WARM & SOFT	DEPRESSION OR MY PERIOD	PMS		
PS	99	1				X		X					X			BROWN	LOVE	VALENTINES		
PS	100	1				X		X					X			BAR	LOVE	VALENTINES		
		40																		
CC	9	2				X		X			X					MOIST	LOVE	BIRTHDAY		
CC	16	2				X	X					X				BROWN	ENJOY	BIRTHDAY		
CC	18	2				X			X		X					JUICY	HAPPY SAD	ALL		
WW	22	2				X			X				X			SOFT	LOVE	BIRTHDAY		

WW	24	2				X		X					X					WONDERFUL	PLEASURE	BIRTHDAY
WW	27	2				X			X				X					SPONGY	LOVE	BIRTHDAY
WW	28	2				X		X							X				WONDERFUL	
WW	31	2				X			X				X					YUMMY	HAPPINESS	BIRTHDAY
WW	33	2				X	X						X					SOFT	HAPPY	BIRTHDAY
WW	39	2				X	X						X					SWEET	COMFORT	BIRTHDAY
WW	46	2				X	X							X				MOIST	HAPPY	CHRISTMAS
WW	49	2				X		X								X		COFFEE	HAPPY	BIRTHDAY
WW	52	2				X		X						X				SWEET & FROSTING	HAPPY / FESTIVE	BIRTHDAY
WW	54	2				X			X							X		FLUFFY	FUN	BIRTHDAY
WW	55	2				X		X						X				DELICIOUS		ALL YEAR
EN	67	2				X		X						X				SOFT	YUM	BIRTHDAY
EN	69	2				X			X						X			COLORFUL	EXCITEMENT	BIRTHDAY
EN	73	2				X		X					X					SPONGY	HAPPINESS	BIRTHDAY
EN	74	2				X		X					X					DELICATE	GREED	BIRTHDAY
PS	76	2				X		X				X						FROSTING	HAPPY	BIRTHDAY
PS	78	2				X		X								X		AMAZING	HAPPINESS	BIRTHDAY
PS	83	2				X		X					X					SWEET	HAPPY	BIRTHDAY
PS	86	2				X		X						X				ICING	JOY	BIRTHDAY
PS	93	2				X		X					X					FLUFFY	HAPPY	BIRTHDAY
		48																		
CC	1	3				X				X			X					RED	GOOD	SUMMER
CC	2	3				X					X				X			HEALTHY	LOVE	EASTER
CC	3	3				X					X		X					SWEET	NONE	SUMMER
CC	4	3				X				X			X					JUICY	HAPPY	4TH OF JULY
CC	7	3				X					X				X			BIG	BBQ	BBA
CC	15	3				X					X				X			RED	HAPPY	SUMMER
CC	17	3				X					X	X						WATERY	HAPPY	BBQ
WW	19	3				X					X					X		JUICY	JOY	SUMMER
WW	20	3				X						X		X				.	COOL DOWN IN SUMMER	HOLIDAY
WW	22	3				X					X					X		JUICY	LOVE	SUMMER
WW	24	3				X				X						X		COOL	PEACEFUL	LUNCHEONS
WW	25	3				X					X			X				BULKY		SUMMER
WW	26	3				X					X			X				WET	SATISFACTION	4TH OF JULY
WW	31	3				X					X			X				JUICY		
WW	35	3				X					X					X		CRISP	HEALTHY	4TH OF JULY
WW	36	3				X				X				X						PICNIC
WW	43	3				X					X					X		REFRESHING	HAPPY	SUMMER
WW	44	3				X					X					X				
WW	45	3				X					X					X				
WW	49	3				X				X							X	PICNIC		SUMMER
WW	51	3				X					X						X	GOOD LOVE IT!	LIKE IT	SEASONAL
WW	56	3				X				X						X		COLD SWEET	GREAT	SUMMER
WW	58	3				X					X			X				UNK	THIRSTY GOOD	SUMMER
EN	65	3				X					X					X		WATERY	HAPPY, FULL AND HEALTHY	WHENEVER
EN	67	3				X				X						X		RED	YUMMY	SUMMERTIME
EN	68	3				X					X					X		JUICY	YUM	ANY DAY
EN	70	3				X					X		X					WATERLIKE	HAPPY	SUMMER
EN	74	3				X				X				X				COLORFUL	TIRED	4TH OF JULY
PS	76	3				X					X					X		WATER	HAPPY	SUMMER
PS	81	3				X					X					X		HEALTHY	LIGHT / REFRESHED	BBQ
PS	83	3				X					X							JUICY	HEALTHY	PICNIC
PS	86	3				X				X				X				WATERY	FUN	SUMMER

PS	90	3				X				X			X			RED	JOY	EASTER
PS	93	3				X				X			X			JUICY	HAPPY	PICNIC
PS	98	3				X				X						SWEET	HAPPY	PICNIC
PS	99	3				X				X					X	SCRUMPTUOUS	LOVE	BBQ IN THE GHETTO
		36																
CC	17	4				X				X			X			CRUNCHY	SAD	NEVER
WW	20	4				X				X			X			CRUNCHY	CRUNCHY	PARTY TRAY
WW	22	4				X				X					X	CRUNCHY	HUNGER	FOOTBALL SEASON
WW	47	4				X				X					X	FILLING		
WW	51	4				X				X					X	GREEN		DAILY
EN	71	4				X				X	X					HEALTHY		SNACK
		6																
CC	1	5				X				X			X			LIQUID	GOOD	ANYDAY
CC	3	5				X				X	X					HOT	SICK	COLD DAYS
CC	4	5				X				X			X			HOT	HAPPY	BEING SICK
CC	9	5				X				X			X			CHUNKY	WARMTH	SICKNESS
CC	11	5				X	X						X			WARMING	SOOTHING	SICK
WW	20	5				X				X			X			FEEL BETTER	FEEL BETTER	SICKNESS
WW	22	5				X				X					X		SICK	CHRISTMAS
WW	24	5				X				X					X	LIQUID	WELLNESS	GETTING WELL
WW	26	5				X				X			X			SALTY	CARE	SICKNESS
WW	30	5				X				X					X	HEALTHY	COMFORT	ALL
WW	33	5				X				X						WARM	WARM & FUZZY	WINTER
WW	34	5				X				X					X	WARM	COZY / HAPPY	WINTER
WW	36	5				X				X					X		ILLNESS	
WW	37	5				X				X					X	HEALTH	SICK-ILL	ILLNESS-COLD
WW	40	5				X				X					X	SOOTHING	SATISFIED	WHEN SICK
WW	43	5				X				X					X	COMFORTING	HAPPY	WINTER / COLD
WW	46	5				X				X						SALTY	WARMTH	
WW	50	5				X				X					X	FILLING	COMFORT	
WW	51	5				X				X	X					LIQUID		
WW	55	5				X				X					X			ALL YEAR
WW	58	5				X				X					X	DELICIOUS	MOM	SICK / BEAT
EN	65	5				X				X					X	LIQUIDY	WARM FEELING INSIDE	COLD DAYS
EN	67	5				X				X					X	HOT	UMMMM	WINTER TIME
EN	70	5				X				X					X	WARM	CALM / RELAXED	WINTER
EN	74	5				X				X					X	WARM	SAD	SICKNESS
PS	76	5				X				X					X	WARM	HAPPY	WINTER
PS	81	5				X				X					X	EXCELLENT	SICK	PASSOVER DINNER
PS	86	5				X				X					X	HOT	COMFORT	WINTER
PS	87	5				X				X					X	WARM	FEEL BETTER FROM BEING SIC	WINTER / CHRISTMAS
PS	93	5				X				X					X	HOT	MMM GOOD	COLD
PS	99	5				X				X					X	SOUPY	LOVE	SICK
		31																
CC	5	6				X				X					X	CRISP	LOVE	MY ANNIVERSARY
CC	7	6				X				X					X	GREEN	HAPPY	CHRISTMAS
CC	17	6				X				X					X	GREEN	GROSSED OUT	THANKSGIVING
WW	20	6				X				X					X	CRUNCHY	HEALTHY	DINNER
WW	22	6				X				X					X	CRUNCHY		THANKSGIVING
WW	24	6				X				X					X	GREEN	WILL POWER	NONE
WW	25	6				X				X					X	TREE		THANKSGIVING

WW	36	6					X					X				X	CRUNCHY		THANKSGIVING
WW	42	6					X					X				X			
WW	43	6					X	X				X				X	YUMMY		SUMMER
WW	44	6					X					X				X			
WW	45	6					X					X				X		HAPPY	THANKSGIVING
WW	50	6					X					X				X	HEALTHY	HEALTHY	
WW	51	6					X					X				X	GOOD		DAILY
WW	53	6					X					X				X	HEALTHY		
EN	65	6					X					X				X	GREEN	HAPPY AND HEALTHY	WHENEVER
PS	77	6					X					X			X		GREEN	BORING	FAMILY DINNER
PS	83	6					X					X				X	SOFT	HEALTHY	DINNER
		18																	
CC	3	7					X			X				X			OILY	NONE	BASEBALL GAME
CC	8	7					X			X						X	HOT DOG	HAPPY	BASEBALL GAME / BBQ
CC	16	7					X		X							X	LONG	JOYFUL	BASEBALL
WW	22	7					X					X				X	SOFT	SILLY	BASEBALL SEASON
WW	24	7					X		X				X				GUN	FUN	SUMMER FUN
WW	26	7					X	X					X				KNACKY	JOY	4TH OF JULY
WW	33	7					X	X									GREASY	EXCITING	BASEBALL / SUMMER
WW	34	7					X			X				X			CRUNCH WARM		4TH OF JULY
WW	35	7					X					X			X		GOOD	HAPPY	BALLGAME
WW	36	7					X		X			X					TASTY	COMFORT	4TH OF JULY
WW	39	7					X		X			X					TASTY	LOVE	PICNIC
WW	43	7					X	X								X	TASTY	HAPPY	SUMMER
WW	46	7					X			X				X			CHEWY		
WW	52	7					X		X			X					GOOD WRAPPED IN BACON	HAPPY	FAST FOOD
PS	76	7					X					X				X	GOOD	HAPPY	SUMMER
PS	77	7					X			X						X	YUMMY	JOY	EVERYDAY LUNCH
PS	83	7					X			X				X			WARM	SATISFYING	BBQ
PS	88	7					X	X					X				DOGGISH	FUN	BASEBALL GAME
PS	94	7					X			X			X				BASEBALL GAME	RUN	BASEBALL GAME
		19																	
CC	3	8					X	X						X			HOT	HAPPY	ANYTIME
CC	5	8					X		X				X				HOT	COMFORT	PARTY
CC	7	8					X			X						X	COLORFUL	(UNK)	SPORTS
CC	8	8					X			X						X	CHEESY	VERY HAPPY	EVERYDAY
CC	12	8					X		X					X			HOT	FUN	PARTY
CC	13	8					X		X				X				GREASY	HAPPINESS	PARTY
CC	16	8					X		X					X			CHEESE	HAPPY	DINNER
CC	18	8					X	X				X					JUICY	HUNGRY	DINNER
WW	22	8					X			X						X	GOOEY	SILLY	ALL YEAR ROUND
WW	23	8					X		X					X			YUMMY	EXTRA HAPPY FUN	PARTY
WW	24	8					X			X		X					GORGEOUS	ORGASMIC	PARTY
WW	25	8					X			X		X					RICH	HAPPY	ITALIAN MEAL
WW	26	8					X	X				X					GOOEY	COMPANIONSHIP	X-FILES MARATION
WW	32	8					X			X						X	GREASY	HAPPY	BIRTHDAY
WW	33	8					X	X										FUN	FRIDAYS
WW	34	8					X			X			X				SAUCY	GOOD / HAPPY	PARTY
WW	36	8					X		X			X							WORLD SERIES
WW	39	8					X		X			X					SALTY	PARTY	GET TOGETHER WITH FRIENDS
WW	46	8					X		X								CHEWY		
WW	47	8					X			X			X				PERFECT	HAPPY	

WW	56	8					X	X					X					CHEESY	GUILTY - TASTE GOOD	FOOTBALL
EN	65	8					X				X					X		TRIANGLE	HAPPY	WHENEVER
EN	66	8					X		X								X	BOMB	SATISFIED	BIRTHDAY
EN	73	8					X					X					X	STRINGY	EXCITEMENT	PARTY
PS	76	8					X									X		GOOD	HAPPY	SUMMER
PS	78	8					X			X							X	REALLY GOOD	SATISFACTION	WHENEVER
PS	84	8					X		X						X			CHEESY	HAPPY	BIRTHDAY
PS	85	8					X		X							X		GREASY	HAPPY	ANYTIME
PS	88	8					X	X									X	ROUND	TASTY	MONDAY NIGHT FOOTBALL
PS	89	8					X				X						X	HOT	ESTATIC	VACATION
PS	90	8					X		X						X			TRIANGULAR	HAPPINESS	PARTY
PS	93	8					X			X						X		CHEESE	HAPPY	THURSDAYS AT WORK
PS	94	8					X			X					X			GREASY	VERY HUNGRY	PARTY
PS	96	8					X			X					X			GREASY		
PS	99	8					X				X				X			DELICIOUS	LOVE	PARTY
PS	100	8					X		X									TRIANGLE	HUNGRY	ANYTIME
		36																		
CC	4	1					X		X			X						TREAT	HAPPY	HALLOWEEN
CC	6	1					X			X				X				SMOOTH	LUST	EASTER
CC	15	1					X		X					X				HARD	HAPPY	HALLOWEEN
CC	16	1					X		X			X						SWEET	HAPPY	HALLOWEEN
CC	17	1					X		X							X		SMOOTH	PMS	NO HOLIDAY NEEDED
WW	21	1					X		X			X						DELICIOUS	COMFORT	HALLOWEEN
WW	28	1					X		X			X						CREAMY		BIRTHDAY
WW	30	1					X			X			X					FEELS GOOD	COMFORT	WINTER
WW	37	1					X		X			X						SATISFACTION	EMPTY	HALLOWEEN
WW	39	1					X		X			X						SWEET	COMFORT	CHRISTMAS
WW	57	1					X			X				X				DELICIOUS	CHOCOLATE MILK	HALLOWEEN
EN	60	1					X		X			X						BROWN	HAPPY	VALENTINES
EN	62	1					X		X				X					SATISFYING	HAPPY	HALLOWEEN
EN	66	1					X		X				X					SMOOTH	LOVE	VALENTINES
EN	67	1					X		X				X					SQUARED	YUM	HALLOWEEN
PS	84	1					X		X				X					BROWN	SAD	PERIOD
PS	85	1					X		X				X					COLORFUL	HAPPY	CHRISTMAS
PS	92	1					X			X			X					HARD	HAPPY	HALLOWEEN
PS	95	1					X		X				X					BROWN	DEPRESSED GIRLS	EASTER
PS	97	1					X		X				X					CREAMY	YUMMY	HALLOWEEN
		20																		
CC	3	2					X		X			X						SWEET	NONE	BIRTHDAY
CC	4	2					X			X		X						SWEET	HAPPY	BIRTHDAY
CC	10	2					X		X			X						UNHEALTHY	CELEBRATION	BIRTHDAY
CC	12	2					X		X				X					SUGAR	LOVE	BIRTHDAY
WW	26	2					X		X						X			FLUFFY	JOY	BIRTHDAY
WW	34	2					X			X			X					SWEET MOIST	GOOD / HAPPY	BIRTHDAY
WW	37	2					X		X				X					BIRTHDAY	HAPPY	BIRTHDAY
WW	40	2					X		X			X						SOFT	HAPPY	BIRTHDAY
WW	50	2					X			X				X				TEA	YUM	BIRTHDAY
WW	56	2					X		X			X						SWEET	GUILTY	BIRTHDAY
EN	61	2					X		X				X					SPONGY	CELEBRATION	BIRTHDAY
EN	62	2					X			X			X					CRUMBLY	EXCITEMENT	BIRTHDAY
EN	63	2					X			X			X					ROUND	FUN	BIRTHDAY
EN	70	2					X		X				X					MOIST	GLUTNY	BIRTHDAY

PS	79	2				X		X					X					MOUTH WATERING	HAPPY	BIRTHDAY
PS	81	2				X		X					X					YUMMY	JOYFUL	BIRTHDAY
PS	91	2				X			X						X			ROUND	FESTIVE	BIRTHDAY
PS	95	2				X			X				X					FLUFFY	HAPPY	BIRTHDAYS
PS	97	2				X		X					X					FLUFFY	HAPPY	BIRTHDAY
PS	100	2				X			X					X				FROSTY	HAPPY	BIRTHDAY / WEDDING
		20																		
CC	5	3				X				X					X			SUCCULANT	HAPPY	PICNIC
CC	11	3				X						X			X			JUICY	REFRESHING	SUMMER
CC	12	3				X						X				X		WATER	JOY	PICNIC
CC	14	3				X					X		X					JUICY	FUN/HAPPY	SUMMER
CC	16	3				X							X					RED	HOT	PARK
WW	23	3				X					X			X				COLORFUL	SUMMERTIME FUN	PICNIC
WW	28	3				X					X							JUICY	YUMMY	
WW	29	3				X									X			LIGHT		
WW	30	3				X						X						SWEET	SMOOTH	SUMMER
WW	33	3				X					X							JUICY	MELLOW	SUMMERTIME
WW	34	3				X					X			X				WATER	QUENCHES THIRST / HAPPY	4TH OF JULY
WW	39	3				X				X			X					QUENCHES MY THIRST	SUMMER VACATIONS AS A KID	4TH OF JULY
WW	47	3				X					X			X				JUICY	HAPPY	SUMMER
WW	48	3				X					X				X			JUICY	SWEET	PICNIC
WW	53	3				X					X				X			HEALTHY		SUMM
EN	59	3				X				X				X				WATERY	FUN	4TH OF JULY
EN	60	3				X						X			X			WET	CHEERFUL	SUMMER
EN	61	3				X					X			X				ROUND	HAPPY	SUMMERTIME
EN	62	3				X					X			X				PINK	HAPPY	SUMMER
EN	69	3				X						X			X			RED	FRIENDLY	4TH OF JULY
EN	73	3				X					X			X				WET	CALMNESS	4TH OF JULY
PS	77	3				X					X			X				WATERY	HAPPY	PICNIC
PS	79	3				X				X				X				WATERY	YUM	PICNIC / SUMMER BEACH
PS	82	3				X						X			X			TASTY	HAPPY	4TH OF JULY
PS	88	3				X					X			X				ROUND	TASTY	4TH OF JULY
PS	91	3				X				X				X				JUICY	EXCITED	DINNER
PS	94	3				X						X		X				JUICY	PICNIC	PICNIC
PS	95	3				X				X			X					JUICY	HAPPY	PICNIC
PS	96	3				X						X			X			JUICY		SUMMER
		29																		
CC	1	4				X					X			X				GREEN	TASTELESS	THANKSGIVING
CC	4	4				X					X			X				GREEN	GOOD	THANKSGIVING
CC	5	4				X						X		X				CRUNCHY	ANGER	VETERAN'S DAY
CC	12	4				X					X							STRINGY	HATE	CHILDHOOD
CC	15	4				X				X					X			CRUNCHY	HAPPY	FALL
WW	19	4				X						X			X			CRISP	.	THANKSGIVING
WW	44	4				X							X							
WW	45	4				X						X							BLAH	SOUP
WW	50	4				X									X			HEALTHY	HEALTHY	
WW	52	4				X						X						HEALTHY	DIET	APPETIZERS
WW	58	4				X						X						UNK	LOSE WEIGHT	LOSE WEIGHT
EN	60	4				X				X			X					CRISPY	CONFUSED	EASTER
PS	77	4				X					X							BLAND	EMOTIONAL UPSET	DIETING
PS	79	4				X						X						GOOD	HEALTHY	W/ PEANUT BUTTTER
PS	81	4				X						X						GREEN	FEELING HEALTHY	THANKSGIVING

PS	82	4				X					X				X		CRUNCHY / STRINGY	HEALTH FANATIC	PICNIC / LUNCH
PS	94	4				X					X						CRUNCHY	HEALTHY MOOD	HEALTHY SNACK
		17																	
CC	2	5				X					X						WARMING	LOVE	CHRISTMAS
CC	5	5				X				X							VISCOUS	SAD	BEING SICK
CC	6	5				X				X							HOT	COMPASSION	SICKNESS
CC	8	5				X				X							WATERY	HAPPY	COLD DAYS
CC	14	5				X			X								WARMING	SICK	RAINY DAY
CC	15	5				X			X					X			LIQUID	BETTER	FALL
CC	17	5				X			X					X			SALTY	HAPPY	SICKNESS
WW	19	5				X			X				X				SMOOTH	.	SICKNESS
WW	27	5				X			X		X						SOOTHING	LOVE	ILLNESS
WW	29	5				X			X				X				LOOSE	SOOTHING	
WW	42	5				X			X					X				WHEN NOT FEELING WELL	
WW	44	5				X			X					X					
WW	45	5				X			X					X				DEPRESSED	WHEN YOU'RE SICK
WW	48	5				X			X						X		WARM	COMFORT	SICK DAY
WW	52	5				X			X					X			GOOD	COMFORTING	WINTER / SICK
WW	56	5				X			X					X			SALTY	WARM & COZY	WINTER
EN	60	5				X			X		X						CHUNKY	SICK	RAINY DAY / SICK DAY
EN	61	5				X			X					X			WATERY	SICKLY	SICK OR NOT FEELING WELL
EN	63	5				X			X					X			HOT	SICKNESS	WINTER
EN	66	5				X			X					X			HOT	GOOD	RAINY DAYS
EN	68	5				X			X					X			WARM	COMFORT	DINNER
PS	77	5				X			X						X		WET	SICK	BEING SICK
PS	78	5				X			X		X						GOOD	SICKNESS	WHEN SICK
PS	85	5				X			X		X						HEARTY	HEALTHY	SICKNESS
PS	91	5				X					X						SLURPY	SAD	SICK DAYS
PS	92	5				X			X								WET	COMFORT	SICK
PS	96	5				X			X					X			SOUPY		SICK
PS	100	5				X			X								BROTHY	SICK	SICK
		28																	
CC	1	6				X					X						GOOD	GOOD	ANYDAY
CC	4	6				X			X				X				GREEN	GOOD	CHEESE
CC	11	6				X									X		-	-	-
CC	12	6				X								X			TASTELESS	LOVE	DIET
CC	16	6				X			X					X			HARD	-	DINNER
WW	19	6				X			X					X			GREEN	.	.
WW	26	6				X			X					X			CRUNCHY	SILLYNESS	FOOTBALL SEASON
WW	28	6				X			X					X			CRISPY	YUMMY	
WW	31	6				X			X					X					
WW	34	6				X			X						X				
WW	35	6				X			X					X			TREES	HEALTHY	DINNER
WW	52	6				X			X						X		HEALTHY		SIDE DISH
WW	56	6				X			X					X			CRUNCHY	GREAT	SOUL FOOD
EN	67	6				X			X		X						MINI GREEN TREES	OK	
EN	68	6				X			X					X			GREEN & HEALTY	YUM	NONE
EN	70	6				X			X					X			SQUISHY	UNCOMFORTABLE	NOTHING
EN	71	6				X			X					X			HEALTHY		
EN	74	6				X			X						X		TREE	CONTENT	THANKSGIVING
PS	84	6				X			X					X			GREEN	HAPPY	DIETING
PS	86	6				X			X					X			FLUFFY	HUNGRY	WHENEVER

PS	90	6				X					X				X			GREEN	HAPPINESS	DINNER
PS	91	6				X						X						COLD	BORING	DINNER
PS	94	6				X					X							CHINESE FOOD	HEALTHY MOOD	PICNIC
PS	96	6				X							X					GREEN		
PS	98	6				X						X						STEAMED	LOVE	REGULAR DINNER
		25																		
CC	5	7				X			X				-					GIRTH	LOVE	VALENTINES
CC	13	7				X			X				X					HOT	HAPPINESS	BALLGAME
WW	21	7				X			X				X					DELICIOUS	HAPPINESS	BASEBALL GAME
WW	23	7				X			X			X						GREASY	FUN	FAIR / BBQ
WW	30	7				X			X			X						BROWN	FUN	BASEBALL
WW	37	7				X			X					X				FAT	HAPPY	BARBECUES / SUMMER
EN	59	7				X			X				X					RUBBER	GOOD	4TH OF JULY / BIRTHDAYS
EN	73	7				X				X			X					CHEWY	ANNOYANCE	BBQ
PS	80	7				X			X				X					RUBBERY	EXCITED	BASEBALL GAME
PS	87	7				X			X				X					BASEBALL GAME	FUN	BASEBALL GAME
PS	90	7				X			X						X			LONG	HAPPINESS	LUNCH
PS	92	7				X			X									LONG	HAPPY	CARNIVAL
PS	93	7				X			X				X					GOOD	HAPPY	BASEBALL GAME
PS	95	7				X			X				X					SMORGASBORD	HAPPY	BIRTHDAY
PS	96	7				X				X				X				DOGGY		DODGER GAME
PS	100	7				X			X									WEINER	HUNGRY	BASEBALL GAME
		16																		
CC	2	8				X			X						X			CARBS	LOVE	HALLOWEEN
CC	6	8				X				X					X			WARMING	HAPPINESS	BREAKFAST/LUNCH/DINNER
CC	14	8				X				X				X				GREASY	LAUGHTER	PARTY
CC	17	8				X			X					X				HOT	YUM	BIRTHDAY
WW	21	8				X					X				X			YUM	COMFORT	UNK
WW	27	8				X			X							X		CHEESY	FUN	HOLIDAYS
WW	29	8				X				X			X					SMELLY	SMELLY	
WW	35	8				X				X				X				FINGERFOOD	HAPPY	ANYTIME
WW	37	8				X			X				X					FAT	DEPRESSED-EMPTY	PARTY
WW	38	8				X			X			X						CHEWY & SWEET	FUN	FAMILY GET-TOGETHERS
WW	48	8				X			X						X					FRIDAY NIGHT
WW	54	8				X				X						X		MOVIES	MEMORIES	FRIDAY NIGHT
WW	55	8				X					X				X					ALL YEAR
WW	57	8				X			X							X		CHEESE	GOOD	PARTY
EN	59	8				X			X					X				HOT	PARTY	PARTY
EN	61	8				X				X				X				FLAT	EXCITED	ANY EVENT
EN	62	8				X			X					X				CHEESY	HAPPY	PARTY
EN	69	8				X				X					X			VARIETY	COMFORT	BIRTHDAY
EN	74	8				X			X						X			TRIANGLE	HAPPY	BIRTHDAY
PS	75	8				X				X					X			GOOD	YEAH! PIZZA!	
PS	79	8				X			X					X				GOOD	YUM	FUN / MOVIE NIGHTS
PS	80	8				X			X							X		SLIMY / GREASY	FUN	PARTY
PS	82	8				X			X						X			GREASY	GRY / WANT SOMETHING GRE	CHUCK E. CHEESE
PS	83	8				X			X					X				CHEESY	GOOD	BIRTHDAY
PS	91	8				X			X							X		HOT	YUMMY	ON A RUSH
PS	92	8				X			X									HOT	EXCITED	BIRTHDAY
PS	95	8				X				X				X				CIRCULAR	HAPPY	PARTY / KICKBACKS
PS	97	8				X			X				X					CHEESY	FUN	HANGING OUT WITH FRIENDS
PS	98	8				X			X					X				GOOD	LOVE	AVERAGE DAY

[illegible]

EN	72	2			X			X								LIGHT	CELEBRATION	BIRTHDAY
PS	77	2			X					X						SPONGY	HAPPINESS	BIRTHDAY
PS	82	2			X			X								SOFT / SWEET	BINGE EATING	BIRTHDAY
PS	84	2			X				X							MOIST	HAPPY	BIRTHDAY
PS	85	2			X				X							SWEET	PLEASED	ANYTIME
PS	90	2			X				X							SQUARE	JOY	BIRTHDAY / WEDDING
PS	94	2			X				X							PUFFY	CELEBRATION	BIRTHDAY
PS	98	2			X			X								OK	LOVE	BIRTHDAY
		30																
CC	6	3			X											WET	JOY	PICNIC
CC	9	3			X					X						BIG	?	PICNIC
CC	18	3			X					X						WATER	HOT	NONE
WW	21	3			X					X						YUMMY	REFRESHING	SUMMER
WW	27	3			X					X						JUICY	FUN	4TH OF JULY
WW	37	3			X									X		BBQ	HAPPY	SUMMER
WW	38	3			X					X							FUN	SUMMER PICNICS
WW	40	3			X							X				JUICY	CARFREE	4TH OF JULY
WW	46	3			X							X				CRUNCHY	HAPPY	
WW	52	3			X					X						HEALTHY	SUMMER	BBQ
WW	55	3			X							X				FRESH		SUMMER
WW	57	3			X					X						COOL	GOOD	PICNIC
EN	63	3			X						X					ROUND	REFRESHING	SUMMER
EN	64	3			X						X					SWEET		PICNIC
EN	66	3			X						X					WET	REFRESHED	THE PARK
EN	71	3			X								X			JUICY	DECENT	SUMMER
EN	72	3			X					X						JUICY	HAPPINESS	4TH OF JULY
PS	75	3			X					X						SUMMER	VACATION	4TH OF JULY
PS	80	3			X						X					JUICY	TIRED	PICNIC
PS	84	3			X							X				JUICY	TIRED	MORNING
PS	85	3			X						X					RED	SATISFIED	EASTER
PS	92	3			X					X						JUICY	HAPPY	PICNIC
		22			1													
PS	97	3			X					X						JUICY	FUN	4TH OF JULY
CC	3	4			X							X				PLAIN	NONE	SNACK
CC	7	4			X						X					LONG	HEALTHY	THANKSGIVING
CC	8	4			X									X		GREEN	HAPPY	EVERYDAY
CC	10	4			X									X		HEALTHY	-	-
CC	13	4			X						X					CRISP	HAPPINESS	PICNIC
CC	14	4			X					X						CRISP	HUNGRY	-
WW	21	4			X						X						COOL	SUMMER
WW	25	4			X						X					SLINKY		DIET
WW	26	4			X						X					STIFF	COMPLACENCY	THANKSGIVING
WW	28	4			X					X						CRISPY		
WW	31	4			X							X				GREEN		
WW	35	4			X									X		CRUNCHY	WORK	CHRISTMAS
WW	36	4			X						X					CRUNCHY		
WW	37	4			X						X					BORING-PLAIN	ANXIOUS	BARBECUES
WW	43	4			X						X					BORING		
WW	48	4			X							X				CRUNCHY	BORING	HOR D'OEVRES
WW	49	4			X									X		CHICEN SALAD		EVERYDAY
WW	53	4			X									X		HEALTHY		
WW	55	4			X											CRUNCHY		SPRING / SUMMER

WW	56	4			X					X			X			CRUNCHY	GREAT	FALL / WINTER WARM FOODS
EN	59	4			X					X			X			CRISP	OH OK	EASTER
EN	61	4			X					X						THIN		THANKSGIVING
EN	64	4			X					X	X					HARD		SNACK
EN	67	4			X					X	X					STRINGY	UKH	NEVER
EN	72	4			X					X	X					CRISP	DIET SADNESS	PARTY
PS	75	4			X					X				X		CRUNCHY		
PS	76	4			X					X			X			GREEN	HAPPY	SUMMER
PS	83	4			X			X		X						CRUNCHY	DISGUST	PICNIC
PS	87	4			X				X			X				CRUNCHY	HEALTHY	
PS	88	4			X				X					X		STRINGY	BORING	PICNIC
PS	95	4			X				X		X					CRISPY	DIETING	FORMAL GET TOGETHER
PS	96	4			X				X		X					CRUNCHY		
PS	97	4			X				X		X					CRUNCHY	BORING	BOREDOM
		34																
CC	7	5			X				X		X					LUMPY	ILLNESS	ILLNESS
CC	12	5			X				X				X			LIQUID	ILLNESS	BEING SICK
WW	21	5			X			X			X						COMFORT	SICK
WW	23	5			X					X				X		HEALTHY	SICKY TIME	SICKNESS
WW	25	5			X				X		X						SATISFYING	ILLNESS
WW	28	5			X			X			X							
WW	31	5			X				X				X			WARMING		SICKNESS
WW	32	5			X					X			X			HOT	MELLOW	HANNUKA
WW	35	5			X					X				X		GOOD	SICK	SICK
WW	38	5			X				X		X					HOT	LOVE / MATERNAL INSTINCTS	SICKNESS
WW	41	5			X				X					X				
WW	47	5			X				X		X					WARM	HAPPY	
WW	49	5			X				X					X		I AM COLD	I AM SICK	EVERYDAY
WW	53	5			X				X					X				
EN	59	5			X			X		X						HOT	SICK	RAINY DAY
EN	62	5			X			X					X			WARM	CARING	SICKNESS
EN	64	5			X			X			X					WARM		DINNER
EN	69	5			X				X		X					HOT	WARMTH	RAINY DAYS
EN	72	5			X			X			X					GREASY	MATERNAL FEELINGS	ILLNESS
EN	73	5			X					X	X					LIQUIDY	ILLNESS / SUFFERING	COLD / FEVER
PS	79	5			X			X					X			WARM	WARM	WINTER
PS	84	5			X				X				X			WARM	SICK	WHEN SICK
PS	95	5			X				X		X					HEARTY	SICK	SICK DAYS
PS	97	5			X				X		X					HOT	WARMING	SICK
PS	98	5			X				X		X					SLIMY	LOVE	SICK DAYS
		25																
CC	3	6			X				X						X	PLAIN	NONE	DINNER
CC	6	6			X				X		X					BULKY	NONE	DINNER
CC	14	6			X				X		X					GREEN	-	-
CC	18	6			X					X			X			GREEN	NONE	NONE
WW	21	6			X				X				X			LOVE IT	CRISP & GOOD	NONE
WW	23	6			X				X					X		GREEN	HAPPY	SIDE DISH AT MOST EVENTS
WW	27	6			X				X					X		GREEN	LOVE	DINNER
WW	29	6			X				X					X		PRICKLY	LIGHT	
WW	33	6			X				X							SMELLY	BORING	SUMMER
WW	37	6			X				X					X		TREES	HEALTHY	
WW	38	6			X				X					X		CRISP	HAPPINESS	DINNER

WW	40	6			X					X			X		HEALTHY		PARTIES
WW	46	6			X					X					CRUNCHY		
WW	47	6			X					X					FILLING		
WW	48	6			X					X			X				
WW	49	6			X			X				X			CHINEESE FOOD		EVERYDAY
WW	55	6			X					X							
WW	57	6			X					X					CRUNCHY	OK	PICNIC
WW	58	6			X					X					GREEN		
EN	59	6			X					X					GREEN	I'M EATING PURE HEALTH	RANDOM DAYS
EN	62	6			X					X					GREEN	INDIFFERENT	
EN	64	6			X					X	X				HARD		SNACK
EN	66	6			X					X					GREEN	CLEANSED	WARM MEAL
EN	72	6			X					X			X		CRUNCHY	NON	DINNER
PS	75	6			X					X							
PS	76	6			X			X		X							
PS	79	6			X				X			X			GOOD	HEALTHY	FAMILY DINNER
PS	80	6			X				X						TREE-LIKE	BORED	PICNIC
PS	81	6			X				X						SNACK	NUTRITIOUS	FAMILY DINNER
PS	82	6			X				X						BUSHY	PARENTS NAGGING KIDS	DINNER
PS	85	6			X				X						BUSHY	HEALTHY	SICKNESS
PS	87	6			X				X						CHINEESE FOOD		DINNER W/ FAMILY
PS	92	6			X				X						HARD	BORED	RESTAURANT
PS	95	6			X				X						GREEN	DIETING	FORMAL GET TOGETHER
PS	97	6			X				X			X			LEAFY	HEALTHY	DINNER
PS	100	6			X				X						LOOKS LIKE A TREE	ANYTHING	DINNER
		36															
CC	2	7			X		X			X					LEFTOVERS	OKAY	THANKSGIVING
CC	6	7			X			X		X					LONG	FULL	BASEBALL GAME
CC	10	7			X			X			X				FILLER FOOD	-	PICNIC
CC	12	7			X			X				X			BASEBALL	JOY	PICNIC
CC	14	7			X				X						-	HAPPY	BASEBALL GAME
CC	15	7			X			X			X				SOFT	SAD	SUMMER
CC	18	7			X		X			X					LONG	NONE	NONE
WW	20	7			X		X			X					SMELLS GOOD	.	DODGER GAME
WW	27	7			X			X			X				MEATY	FUN	BASEBALL GAME
WW	28	7			X		X			X						FATTENING	4TH OF JULY
WW	29	7			X			X			X				LONG		FATHERSDAY
WW	31	7			X											CHEERFULNESS	DODGER GAME
WW	38	7			X		X			X						TOGETHERNESS	BALLGAME
WW	42	7			X		X			X							
WW	44	7			X		X				X						
WW	45	7			X		X				X					SICK	DODGER GAME
WW	48	7			X		X			X					SALTY		BALLGAME
WW	51	7			X			X		X					LONG		SPECIAL EVENT
WW	53	7			X				X						UNHEALTHY		PARTY
WW	54	7			X			X			X				EASY	FAST	PARK / FAIR
WW	56	7			X		X				X				MUSTARD & BUN	GUILTY	4TH OF JULY
WW	57	7			X			X				X			SOFT	GOOD	FAIR / CARNIVAL
EN	61	7			X			X		X					THICK	ADVENTUROUS	4TH OF JULY
EN	62	7			X			X			X				CHEWY	HAPPY	4TH OF JULY
EN	64	7			X		X			X					MEATY		BBQ
EN	65	7			X			X			X				LONG	CK / CAN'T EAT MORE THAN OI	BBQ
EN	69	7			X			X			X				BBQ	TOGETHERNESS	4TH OF JULY

EN	72	7			X			X				X						GREASY	CELEBRATION	4TH OF JULY
PS	75	7			X					X				X						4TH OF JULY
PS	84	7			X			X					X					LONG	HUNGRY	BIRTHDAY
PS	85	7			X					X				X				BEEFY	JOY	BASEBALL GAME
PS	89	7			X				X			X						CYLINDER	JOY	BASEBALL GAME
PS	91	7			X						X			X				THICK	YUM	SNACK
PS	98	7			X				X					X				GROUNDED	LOVE	BBQ
CC	4	8			X					X				X				TRIANGLE	HAPPY	PARTY
CC	9	8			X				X					X				TRIANGULAR	HAPPY	PARTY
CC	10	8			X			X				X						FATTENING	GUILT	MNF
CC	11	8			X				X			X						-	-	-
CC	15	8			X				X				X					SOFT	PLEASURE	BIRTHDAY
WW	19	8			X				X			X						CHEESY	.	MOVIES
WW	20	8			X				X				X					SMELLS GOOD	.	PARTY NIGHT
WW	28	8			X			X				X						CHEESY	FATTENING	BIRTHDAY
WW	30	8			X				X			X						COLORFUL	FUN	PARTY
WW	31	8			X			X					X							MOVIES
WW	42	8			X				X			X								
WW	50	8			X				X			X						FAT	BAD	MOVIE NIGHT
WW	52	8			X			X					X					OKAY		PARTIES
WW	53	8			X						X		X							PARTY
EN	60	8			X			X				X						OILY	HAPPY	BIRTHDAY
EN	64	8			X			X				X						DOUGHY		PARTY
EN	67	8			X				X			X						CIRCULAR	YUM	BIRTHDAY
EN	70	8			X			X					X					OILY	SOCIAL	PARTY
EN	72	8			X			X						X				CHEESY	HUNGER	BIRTHDAY
PS	87	8			X			X				X						GREASY	VERY HUNGRY PIG OUT	BIRTHDAY
CC	1	1		X						X			X					CHOCOLATE	OKAY	ANYDAY
WW	31	1		X					X				X					WHATEVER	SWEETNESS	CHRISTMAS
WW	34	1		X						X			X					SWEET	HAPPY	HALLOWEEN
WW	43	1		X				X					X					RICH	SAD	CHRISTMAS
WW	44	1		X				X				X								
WW	45	1		X				X				X							DEPRESSED	HALLOWEEN
EN	68	1		X				X				X						ROUND	COULD CARE LESS	NONE
PS	89	1		X					X			X						LIGHT	WEAK	VALENTINES
CC	1	2		X					X			X						BREAD	-	BIRTHDAY
WW	19	2		X					X			X						SOFT	.	PARTY
WW	25	2		X						X		X						RICH	HAPPY	WEDDING
WW	35	2		X					X			X						MESSY	OK	BIRTHDAY
WW	36	2		X					X			X								BIRTHDAY
WW	44	2		X				X				X								
WW	45	2		X				X				X							HAPPY	BIRTHDAYS
WW	57	2		X					X				X					TASTE GOOD	ALRIGHT	BIRTHDAY
WW	58	2		X				X				X						GOOEY		BIRTHDAYS
EN	59	2		X					X			X						SQUISHY	CELEBRATION	BIRTHDAY
EN	68	2		X				X				X						TOO THICK & RICH	WORRIED	BIRTHDAY
PS	75	2		X				X				X						YUMM	HAPPY	BIRTHDAY
PS	80	2		X					X			X						FLUFFY	HAPPY	BIRTHDAY
PS	87	2		X				X				X						BIG	PERIOD	BIRTHDAY / CHRISTMAS
PS	88	2		X				X				X						SWEET	HAPPY	BIRTHDAY
PS	89	2		X					X			X						POROUS	HAPPY	BIRTHDAY
PS	92	2		X				X				X						FLUFFY	EXCITED	BIRTHDAY
PS	96	2		X				X				X								BIRTHDAY
CC	10	3		X							X	X						-	-	4TH OF JULY

CC	13	3		X						X						WET	HAPPINESS	PICNIC
WW	42	3		X					X							LOOKS NICE		HOT SUMMER DAYS
WW	54	3		X				X		X						GRITTY	COLD	SUMMER DAY
PS	89	3		X			X			X						WET		SUMMER
PS	100	3		X				X								MELON	ANYTHING	PICNIC
CC	6	4		X			X			X						CRUNCHY	HAPPINESS	BREAKFAST (BLOODYMARY)
CC	9	4		X				X		X						CRUNCHY	?	SNACK
CC	11	4		X					X							CRUNCHY	-	-
WW	24	4		X				X		X						BLAAA	PASSIVE	HANKSGIVING TURKY STUFFING
WW	27	4		X				X		X						STRINGY	HATE	DIET
WW	29	4		X				X			X					CRISP		
WW	30	4		X				X		X						BORING		SCHOOL
WW	38	4		X			X							X		CRISP	BORING	THANKSGIVING
WW	39	4		X				X			X					GOOD FOR YOU	DEPRIVATION	
WW	40	4		X				X			X					CRUNCHY	MELANCHOLY	THANKSGIVING
WW	46	4		X				X		X						STRINGY	TENACIOUS	THANKSGIVING
WW	54	4		X				X		X						CHEWY	CHEWY	NO FOOD IN FRIDGE
EN	62	4		X				X		X						CRUNCHY	BOREDOM	WINTER
EN	70	4		X				X		X						CRISP	BITTER	NOTHING
EN	74	4		X			X			X						PLAIN	DISGUST	NONE
PS	80	4		X			X			X						BUMPY	BORED	PICNIC
PS	84	4		X				X		X						CRUNCHY	HEALTHY	SPECIAL OCCASION
PS	85	4		X				X		X						TENDER	HEALTHY	THANKSGIVING
PS	86	4		X				X		X						CRUNCHY	NORMAL	WHENEVER
PS	90	4		X			X			X						GREEN	SADNESS	BIRTHDAY
PS	91	4		X				X		X						LONG	BORING	SNACK
PS	92	4		X			X									HARD	BORED	PICNIC
PS	98	4		X				X		X						GROSS	LOVE	
PS	99	4		X				X		X						CRUNCHY	LOVE	PICNIC
PS	100	4		X				X								STICK	ANYTHING	PICNIC
CC	10	5		X			X			X						SICK	-	RAINY DAY
CC	13	5		X			X			X						HOT	SADNESS	SICKDAY
CC	16	5		X				X		X						WET	COLD	COLD DAYS
WW	39	5		X				X					X			NUTRITIONAL	GET BETTER WHEN SICK	BEING ILL
EN	71	5		X				X					X			CREAMY	HAPPY	BEING SICK
PS	75	5		X			X									SLURP	NURTURED	SICK
PS	80	5		X			X			X						WATERY	SICK	THANKSGIVING
PS	83	5		X				X		X						HOT	SICK	BEING SICK
PS	90	5		X			X			X						HOT	SADNESS	SICKDAYS
PS	94	5		X				X		X						WATERY	SICK	SICK
CC	9	6		X				X		X						GREEN	?	DINNER
CC	15	6		X				X		X						CRISP	SAD	FALL
EN	60	6		X				X						X		GREEN	NOT ENTHUSIASTIC	HANNUKAH
EN	61	6		X				X		X						SMALL		
EN	69	6		X				X		X						TREE	UNPLEASANT	INNER WHEN YOU'RE FORCED TO
EN	73	6		X				X					X			SOFT	ANNOYANCE	PARTY
PS	88	6		X				X		X						GREEN	UPSET	THANKSGIVING
PS	93	6		X				X		X						TREES	GOOD	DINNER
CC	1	7		X			X			X						FATMEAT	-	PICNIC
CC	7	7		X			X			X						UNHEALTHY	SPORTS	SPORTS
CC	9	7		X			X			X						LONG	?	BASEBALL
CC	17	7		X			X			X						LONG	EWV	4TH OF JULY
WW	40	7		X			X			X						GROSS	DISGUST	BALLGAME
WW	55	7		X			X			X								

WW	58	7		X					X							PICNCS	DON'T LIKE IT	PICNIC
EN	60	7		X					X							GREESY	HAPPY	BASEBALL GAME
EN	63	7		X					X							ROUND	FUN	BASEBALL GAME
EN	67	7		X					X							LEFT OVER JUNK	UKH	4TH OF JULY
EN	68	7		X					X							FATTY	EW	NONE
EN	70	7		X					X							OILY	UNHAPPY	BALLGAME
EN	71	7		X							X					DECENT	DECENT	
EN	74	7		X					X							DISGUSTING	DISGUST	4TH OF JULY
PS	82	7		X						X						LONG	HUNGRY / MEAT EATER	BASEBALL GAME
PS	86	7		X					X							SALTY	HUNGRY	BBQ
PS	97	7		X					X							OILY	GROSS	BASEBALL GAME
CC	1	8		X					X		X					GREASY	-	FRIDAY
WW	40	8		X					X							FATTY	GUILT	KIDS PARTY
WW	43	8		X					X				X			YUMMY	EXCITED	4TH OF JULY
WW	49	8		X					X							GREASY		CHILDREN'S PARTY
WW	58	8		X					X							TRIANGLE	PARTIES	KIDS PARTY
EN	63	8		X						X						ROUND	FUN	PARTY
PS	77	8		X					X				X			CHEESY	DRUNK	DRINKING BEER
PS	81	8		X					X							GOOD	CONTENT	BIRTHDAY
PS	86	8		X					X			X				SQUISHY	FUN	DINNER
CC	13	1	X							X		X				MELTY	LOVE	VALENTINES
WW	25	1	X							X						YUMMY	PLEASURE	EASTER
WW	41	1	X						X					X				
WW	51	1	X						X							SWEET	SOCIAL TIME	BIRTHDAY
CC	2	2	X						X							FATTY	HATE	BIRTHDAY
CC	13	2	X						X							SOFT	HAPPINESS	BIRTHDAY
WW	32	2	X						X			X				FLUFFY		BIRTHDAY
WW	41	2	X						X			X						
WW	42	2	X						X							SOFT	BLAH	BIRTHDAYS
WW	51	2	X						X							SWEET	SOCIAL TIME	BIRTHDAY
EN	65	2	X						X							BIG	SAD / FEEL SICK AFTER EATING	WEDDINGS
PS	99	2	X						X							FLUFFY	LOVE	BIRTHDAY
CC	8	3	X								X	X				GROSS	EW	PICNIC
WW	32	3	X									X				JUICY		SUMMERTIME
WW	50	3	X						X			X				SUGAR		
PS	78	3	X								X	X				GROSS	EW	SUMMER
PS	87	3	X								X	X				SUMMER	ALLERGIC REACTION	BBQ
CC	2	4	X								X	X				HEALTHY	HATE	THANKSGIVING
CC	16	4	X								X	X				GREEN	SICK	SNACK
CC	18	4	X								X	X				CRUNCHY	ANOREXIC	NONE
WW	23	4	X								X	X				HARD	DIET	DAY AFTER CHOCOLATE
WW	32	4	X								X	X				CRUNCHY		
WW	33	4	X								X	X				BLAND	SAD	
WW	34	4	X								X	X				NO TASTE		
WW	42	4	X								X	X				COLOR IS PRETTY	BLAH	
WW	57	4	X								X	X				SOUR	NA	PICNIC
EN	63	4	X								X	X				GREEN	NASTY	
EN	65	4	X								X	X				HARD		NEVER
EN	66	4	X								X	X				CRUNCHY	TENSE	NEVER
EN	68	4	X								X	X				GROSS	HATE IT	
EN	69	4	X								X	X				GREEN	HEALTHY	SNACKS AT SCHOOL
EN	73	4	X								X	X				CRISPY	HATRED	DIET
PS	78	4	X								X	X				GROSS	EW	SUMMER
PS	89	4	X								X	X				GREEN	PATHETIC	

PS	93	4	X							X	X					GREEN	HEALTHY	DIET
CC	18	5	X						X		X					WATER	NONE	SICK
WW	57	5	X						X		X					HOT	OK	RAINING
PS	82	5	X						X		X					HOT / CHUNCKY	SICKNESS	HOME SICK IN BED
PS	88	5	X						X		X					WATERY	BORED	
PS	89	5	X							X	X					LIQUID	FRAIL	WINTER
CC	2	6	X								X	X				GROSS	HATE	THANKSGIVING
CC	8	6	X								X	X				TREE	UNHAPPY	NEVER
CC	10	6	X							X	X					YUK	YUK	NONE
CC	13	6	X								X	X				GREEN	CONTENT	THANKSGIVING
WW	30	6	X								X	X				GREEN	BORING	NOTHING
WW	32	6	X								X	X				LEAFY		
WW	39	6	X								X				X	HEALTHY	TAKING CARE OF MYSELF	
WW	41	6	X								X				X			
WW	54	6	X								X	X				YUCK	SOUR	CHINESE FOOD
EN	63	6	X							X	X					GREEN	NASTY	
PS	78	6	X							X	X					GROSS	EW	NEVER
PS	89	6	X							X	X					FOLLAGE		
PS	99	6	X								X	X				GREEN	LOVE	
CC	4	7	X						X		X					-	SUCKS	BASEBALL GAME
CC	11	7	X						X		X					-	-	-
WW	19	7	X						X		X					.	.	BALLGAME
WW	25	7	X						X		X							BASEBALL GAME
WW	32	7	X						X			X						SUMMERTIME
WW	47	7	X						X		X					FATTENING		BASEBALL / PICNIC
WW	49	7	X						X		X					I DON'T LIKE THEM		BASEBALL GAME
WW	50	7	X						X		X					FAT	BAD	BALLGAME
PS	78	7	X						X			X				ALRIGHT	GROSS	SUMMER
PS	79	7	X						X		X					EAT WHEN REALLY HUNGERY	HUNGER	SPORTS
PS	81	7	X						X		X					GROSS	I DON'T EAT THEM	4TH OF JULY
PS	99	7	X						X		X					WEINERY	LOVE	BBQ
WW	41	8	X							X	X							
WW	44	8	X						X		X							
WW	45	8	X						X		X						BLAH	NOT ENOUGH MONEY
WW	51	8	X						X		X					CHEESE		SPECIAL EVENT
EN	68	8	X						X		X					GREESY	STOMACH ACHE	NONE
EN	71	8	X						X						X	TASTY	GOOD	BORED OF HOME COOKING
WW	41	3																
WW	41	4																
WW	41	7																
WW	54	5												X		HOT	COMFORT	SICK DAY
EN	66	7								X					X	WARM AND SOFT	FULL	BASEBALL GAME